

# CARRIE ABBOTT

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## Curriculum Vitae

Date of birth: 6/30/62  
Place of birth: Renton Washington  
Citizenship: United States  
Gender: Female

Marital Status:  
Married: Husband Greg Abbott  
Children: Joseph, Lindsey, Haley, Tim and Jessica  
Grandchildren: 16, and counting

### Employment/Professional/ Educational History:

2020: Master of Arts in Leadership Studies, Northwest University  
2001-Current: Co-Founder & President, The Legacy Institute  
2011-Current: Host of daily radio show & Podcast The Carrie Abbott show  
2009-2011: Host of weekly radio show on KGNW AM 820 ("Live from Seattle")  
1992-Current: National Speaker/Educator/Author on Sexual Integrity Issues  
2003-Current: Advisor for a variety of non-profits, authors & leaders  
2001: Research and training at Pope Paul IV Institute on fertility  
1997: Community Impact Award from Families Northwest in Washington State  
1996: Service Award from the National Abstinence Clearinghouse  
1992-2000: Executive Director, SHARE (Sexuality, Health and Relationship Education) with Life Choices of King County  
1990-1999: Successfully Home schooled five kids  
1990: Certified to be a Washington State Home school teacher  
1988: Trained, certified in SHARE curriculum  
1988-1992: Volunteer, Abstinence Educator  
1988-1998: Founder, President the Main Event (event planning)  
1985-1986: NKV Corp, Securities Litigation Expert Support  
1983-1985: Oppenheimer, assistant to Brokers and Sales Manager  
1983: Earned Securities License, Passed Exams Series 63 and Series 7 for the State of Washington  
1982-1983: Merrill Lynch, general support  
1982: Bible College- Study Abroad - England  
1981-1982: Bible College- Study Abroad - Sweden  
1980-1981: Newport Covenant Church, Intern  
1980-1981: Bellevue College  
1979-1980: Double Tree Hotel, hostess  
1980: Oliver M. Hazen Award, outstanding achievement in academics, leadership, sports and service.  
1976-1980: Graduated from Hazen High School, Renton WA

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## Articles, Publications, Professional Achievements

2001-2023

As a founder and President of The Legacy Institute, Carrie is the lead educator and go-to expert on philosophy and content for the Legacy Institute. Carrie oversees research and development of theology and curriculum at Legacy, serves as a consultant to other organizations, teaches nationwide and hosts a daily radio show in Seattle. During her time as President, Carrie has:

1. Researched methodology of Pregnancy Centers with negative test clients nationwide and wrote recommendations for Heartbeat International, an affiliate of 1100 pregnancy centers world-wide.
2. Authored *The Sexual Integrity Program* for Pregnancy Centers, a complete plan for dealing with the negative test client. This complete program, including the manuals, DVD series and methodology are in 50 states and 13 other countries.
3. Authored *The Blueprint for Sexual Integrity*, DVD series and workbook and is the featured teacher in the DVD series.
4. Co-authored *Steps to Sexual Health with Dr. Doug Weiss*, DVD series and workbook.
5. Co-Authored *Finding Peace: A Guide for Happiness, Freedom and Wholeness* workbook with Camille Pauley and helped produce the companion DVD series.
6. Authored *Sexual Integrity* brochures for young women ages 15-22
7. Authored student led lessons on *Sexual Integrity* for the North Dakota chapter (the largest in the country) of SADD, Students Against Destructive Decisions. Included a keynote at the statewide conference, and training for teachers from around the state.
8. Authored *The Biblical Blueprint for Sexual Integrity Parent* DVD series, co-Author of the workbook and is the featured teacher in the series.
9. Authored *Equipping Staff* to effectively teach the abstinence message for Federal Abstinence grantees, in conjunction with Pal Tech.
10. Lead Author and producer of *Relationships with Integrity*, a K-12 parent-driven relationship and sexuality curricula.
11. Co-Authored *God is Father, God Is One, and God is Holy*, 4-6<sup>th</sup> grade elementary curriculum units in *Relationships with Integrity*.
12. Authored *You Are Designed to Be Whole*, 7<sup>th</sup> grade curriculum unit and companion DVD series, and is the featured teacher in the series.
13. Authored *You Are Designed to Be Life-giving*, 8<sup>th</sup> grade curriculum unit and companion DVD series and is the featured teacher in the DVD series.
14. Authored *You Are Designed for A Great Story* 10 session DVD series and workbook for high school students and is the featured teacher in the series.
15. Authored *You Are Designed with The Power to Choose* 10 session advanced unit for high school on the power and results of our choices.
16. Authored *You Are Designed for Unity*, an advanced high school unit on the meaning and role of marriage in society.
17. Authored *You Are Designed to Build God's Kingdom* a 10- session unit on challenging issues such as stem cell research, homosexuality, abortion and more.
18. Authored of *The Relationships with Integrity Parent Guide*, a K-12 handbook on healthy relationships along with two guest authors.
19. Authored the *Sexual Integrity Education in the Church*, chapter in *Clergy Sexual Misconduct*, (Lead authors John Thoburn PhD, Rob Baker, MA and Maria Dal Maso)-Gentle Path Press.
20. Authored *Relationship Truth for Today: Homosexuality and Same Sex Marriage*, a five-lesson series including video with Glenn Stanton.

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21. Lead Author and Executive Producer of *Emily's Club*, A resource for Jr. High Girls with workbook and video for 14 lessons.
  22. Editor and Executive Producer of *Kingdom Power Glory, A Manhood Study based on The Lord's Prayer* with books and video for 10 lessons.
  23. Authored *55 Relationship Blueprints* for grades K-High school.
  24. Author and Executive Producer of *Homosexuality and Gender Issues: A biblical review for study and teaching* with workbook, audio and video.
  25. Editor, Author and Executive Producer of *Legacy Classroom*, 8 courses on emerging issues collaborating with 130 experts on this platform exclusively for pastors worldwide.
  26. Contributing Author on *True Beauty*, a study on biblical femininity for young women.

#### 1988-2000

1. As Director of the SHARE program, expanded the program from 7 speakers to 50, making it the largest abstinence program of its kind.
2. Helped develop training and implementation methodology for abstinence educators in Washington, and eventually nationwide.
3. Author of the *SHARE Administration Manual*, detailing how to create an abstinence program, find and train speakers, relationships with schools and much more.
4. Published various articles.
5. Spoke in 100's of classrooms throughout the Seattle area and beyond.
6. Trained hundreds of speakers both locally and nationwide.
7. Helped dozens of other organizations start abstinence programs.
8. Presented SHARE methodology seminars at national conferences: Abstinence Clearinghouse Conferences in Arizona, Missouri, Colorado, Focus on the Family and Heartbeat International.
9. Led a team to expand and develop groundbreaking abstinence messaging and methodology.
10. Developed and authored parent programs for parents & students and statewide conferences in partnership with Families Northwest.
11. Developed marketing materials, fundraising campaigns and community intervention.
12. As part of the advisory team for NAC, helped create the current Federal Guidelines for all abstinence programs.
13. Appeared in multiple radio and TV spots.
14. Trained volunteers for Pregnancy Centers at retreats and conferences

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## Speaking/Teaching:

1988-2023

Carrie Abbott has been teaching for 35 years in venues as diverse as state legislatures, churches, public and private schools, colleges and universities, pro-life organizations, civic clubs, medical associations, retreats, banquets, TV, is featured in five video series and has a daily radio show. Below is a partial list of her venues:

Young Presidents Organization	Kitsap Peninsula Prayer Breakfast
TEC (The Executive Committee)	Southwestern Assembly of God
Heartbeat International Events	University
Crista Women's Ministry Events	Westside Christian School, OR
Care Net National Conference	Cedar Park Christian School
Catholic Home school conference	Kings Christian School
Focus on the Family	Bear Creek Christian School
The Abstinence Clearinghouse	Bellevue Christian School
Washington State Legislature	Heritage Christian School
Christian Education Conferences	North Seattle Christian School
Murdock Charitable Trust	Shoreline Christian School
Pregnancy Resource Center Banquets	Emerald Heights Academy
Concerned Women of America	The Overlake School
Youth For Christ	Tacoma Baptist School
Women's conferences, retreats	Bellingham Christian School
Men's events	Eastside Christian School
Young Life	Campus Crusade for Christ
Baptist Youth Convention	SADD Program
Seattle Pacific University	Fundraising Banquets
Northwest University	Faculty for Medical conferences
Puget Sound Christian College	Northwest Ministry Conference
Bellevue Community College	Launch
Highline Community College	Youth Leader Training Various
University of Washington	Denominations

Carrie has taught in multiple venues in each state represented below:

Washington	Nebraska
Oregon	Missouri
California	Minnesota
Arizona	Illinois
Wyoming	Mississippi
Colorado	Florida
Texas	North Carolina
North Dakota	Ohio
South Dakota	Virginia
Kansas	Maryland
Arkansas	Connecticut
New York	Pennsylvania
Indiana	Idaho

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Washington Public Schools (partial list)

Canyon Park Junior High  
Evergreen Junior High  
Northshore Junior High  
Finn Hill Junior High  
Inglewood Junior High  
Kamiakin Junior High  
Kirkland Junior High  
Redmond Junior High  
Rose Hill Junior High  
Newport HS  
Tyee MS  
Tillicum MS  
Rainier MS  
Auburn Riverside HS  
Bellevue HS  
Chinook MS  
Lake Washington HS  
Sammamish HS  
Redmond HS  
College Place MS  
Bothell HS  
Edmonds Woodway HS  
Hazen HS  
Meadowdale HS  
McKnight MS  
Mountlake Terrace HS

Liberty HS  
Sacajawea MS  
Renton HS  
Totem MS  
Issaquah HS  
Decatur HS  
Lindbergh HS  
Ingraham HS  
Kent Meridian HS  
Washington MS  
KentrIDGE HS  
Thomas Jefferson HS  
Leota Junior High  
Pacific MS  
Kenmore Junior High  
Beaver Lake MS  
Seattle Alternative School  
Skyview Junior High  
Issaquah HS  
Islander MS  
Mercer Island HS  
Hamilton MS  
Einstein MS  
Shorecrest HS  
Valley View MS  
Chief Kanum MS

Washington Churches (partial list)

Aldersgate United Methodist  
St. Mary's  
Crossroads Baptist  
Bellevue Church of Christ  
Westminster Chapel  
Kenmore Baptist  
Saint Elizabeth Ann Seton  
Canyon Hills Community  
Eastside Foursquare  
Bothell Free Methodist  
Edgewood Baptist  
Cornerstone Bible  
Calvary Baptist  
Saint John Vianney  
Martha Lake Covenant  
Woodinville Alliance  
Northlake Christian  
Mercer Island Presbyterian  
May Valley Alliance

The Neighborhood Church  
Cedar Park Assembly  
Northshore Baptist  
Newport Covenant  
First Presbyterian of Bellevue  
Antioch Bible  
Northlake Christian  
Overlake  
First Lutheran of Bellevue  
Covington Community  
Westgate Chapel  
Enumclaw Christian  
Kent Covenant  
Christ Church of Kirkland  
St. Luke's Episcopal  
North Seattle Christian  
Mercer Island Covenant  
Cascade Covenant  
Renton Assembly

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Highlands Community  
Des Moines Gospel Chapel  
Calvary Chapel South

Holy Family  
The Duvall Church  
Calvary Chapel Eastside