

# CARRIE ABBOTT

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## Curriculum Vitae

Date of birth: 6/30/62  
Place of birth: Renton Washington  
Citizenship: United States  
Gender: Female

### Marital Status:

Married: Husband Greg Abbott  
Children: Joseph, Lindsey, Haley, Tim and Jessica  
Grandchildren: Connor, Ava, Sophia, Harrison, Promise

### Employment/Professional/ Educational History:

2001-Current: Co-Founder & President, The Legacy Institute  
2011-Current: Host of daily radio show Relationship Insights with Carrie Abbott  
2009-2011: Host of weekly radio show on KGNW AM 820 (“Live From Seattle”)  
1992-Current: National Speaker/Educator/Author on Sexual Integrity Issues  
2003-Current: Advisor for a variety of non-profits, authors & leaders  
2001: Research and training at Pope Paul IV Institute on fertility  
1997: Community Impact Award from Families Northwest in Washington State  
1996: Service Award from the National Abstinence Clearinghouse  
1992-2000: Executive Director, SHARE (Sexuality, Health and Relationship Education) with Life Choices of King County  
1990-1999: Successfully Home schooled five children  
1990: Certified to be a Washington State Home school teacher  
1988: Trained, certified in SHARE curriculum  
1988-1992: Volunteer, Abstinence Educator  
1988-1998: Founder, President The Main Event (event planning)  
1985-1986: NKV Corp, Securities Litigation Expert Support  
1983-1985: Oppenheimer, assistant to brokers and sales manager  
1983: Earned Securities License, Passed Exams Series 63 and Series 7 for the State of Washington  
1982-1983: Merrill Lynch, general support  
1982: Bible College- Study Abroad - England  
1981-1982: Bible College- Study Abroad - Sweden  
1980-1981: Newport Covenant Church, Intern  
1980-1981: Bellevue College  
1979-1980: Double Tree Hotel, hostess  
1980: Oliver M. Hazen Award, outstanding achievement in academics, leadership, sports and service.  
1976-1980: Graduated from Hazen High School, Renton WA.

**Articles, Publications, Professional Achievements**

2001-2016

As a founder and President of The Legacy Institute, Carrie is the lead educator and go-to expert on philosophy and content for the Legacy Institute. Carrie oversees research and development of theology and curriculum at Legacy, serves as a consultant to other organizations, teaches nationwide and hosts a daily radio show in Seattle. During her time as President, Carrie has:

1. Researched methodology of Pregnancy Centers with negative test clients nationwide and wrote recommendations for Heartbeat International, an affiliate of 1100 pregnancy centers world-wide.
2. Authored *The Sexual Integrity Program* for Pregnancy Centers, a complete plan for dealing with the negative test client. This complete program, including the manuals, DVD series and methodology are in 50 states and 13 other countries.
3. Authored *The Blueprint For Sexual Integrity*, DVD series and workbook and is the featured teacher in the DVD series.
4. Co-authored *Steps To Sexual Health with Dr. Doug Weiss*, DVD series and workbook.
5. Co-Authored *Finding Peace: A Guide For Happiness, Freedom and Wholeness* workbook with Camille Pauley and helped produce the companion DVD series.
6. Authored *Sexual Integrity* brochures for young women ages 15-22
7. Authored student led lessons on *Sexual Integrity* for the North Dakota chapter (the largest in the country) of SADD, Students Against Destructive Decisions. Included a keynote at the statewide conference, and training for teachers from around the state.
8. Authored *The Biblical Blueprint for Sexual Integrity* parent DVD series, co-authored the workbook and is the featured teacher in the series.
9. Authored *Equipping Staff* to effectively teach the abstinence message for Federal Abstinence grantees, in conjunction with Pal Tech.
10. Author, lead developer, and producer of the scope and sequence, curriculum theology, social science data and methodology for *Relationships With Integrity*, a K-12 parent-driven relationship and sexuality curriculum
11. Co-Author of *God is Father, God Is One*, and *God is Holy*, 4-6<sup>th</sup> grade elementary curriculum units in *Relationships With Integrity*.
12. Authored *You Are Designed To Be Whole*, 7<sup>th</sup> grade curriculum unit and companion DVD series, and is the featured teacher in the series.
13. Authored *You Are Designed To Be Life-giving*, 8<sup>th</sup> grade curriculum unit and companion DVD series and is the featured teacher in the DVD series.
14. Authored *You Are Designed For A Great Story* 10 session DVD series and workbook for high school students, and is the featured teacher in the series.
15. Authored *You Are Designed With The Power To Choose* 10 session advanced unit for high school on the power and results of our choices.
16. Authored *You Are Designed For Unity* an advanced high school unit on the meaning and role of marriage in a society.
17. Authored *You Are Designed To Build God's Kingdom* a 10 session unit on challenging issues such as stem cell research, homosexuality, abortion and more.

18. Authored The ***Relationships With Integrity Parent Guide***, a K-12 handbook on healthy relationships along with two guest authors.
19. Authored the ***Sexual Integrity Education in the Church***, chapter in ***Clergy Sexual Misconduct***, (Lead authors John Thoburn PhD, Rob Baker, MA and Maria Dal Maso)-Gentle Path Press.
20. Authored ***Relationship Truth For Today: Homosexuality and Same Sex Marriage***, a five lesson series including video with Glenn Stanton.
21. Lead Author and Exec. Producer of ***Emily's Club***, A resource for Jr. High Girls with workbook and DVD's for 14 lessons
22. Editor and Exec. Producer of ***Kingdom Power Glory, A Manhood Study based on The Lord's Prayer*** with books and DVD's for 10 lessons
23. Authored 55 ***Relationship Blueprints*** for grades K-High school
24. Authored and Exec. Producer of ***Homosexuality and Gender Issues: A biblical review for study and teaching*** with workbook, audio and video

#### 1988-2000

1. As Director of the SHARE program, expanded the program from 7 speakers to 50, making it the largest abstinence program of its kind.
2. Helped develop training and implementation methodology for abstinence educators in Washington, and eventually nationwide.
3. Author of the ***SHARE Administration Manual***, detailing how to create an abstinence program, find and train speakers, relationships with schools and much more.
4. Published various articles.
5. Spoke in 100's of classrooms throughout the Seattle area and beyond.
6. Trained hundreds of speakers both locally and nationwide.
7. Helped dozens of other organizations start abstinence programs.
8. Presented SHARE methodology, practice and content seminars at national conferences including: Abstinence Clearinghouse Conferences in Arizona, Missouri, Colorado, Focus on the Family and Heartbeat International
9. Led a team to expand and develop groundbreaking abstinence messaging and methodology.
10. Developed and authored parent programs for parents & students and statewide conferences in partnership with Families Northwest.
11. Developed marketing materials, fundraising campaigns and community intervention.
12. As part of the advisory team for NAC, helped create the current Federal Guidelines for all abstinence programs.
13. Appeared in multiple radio and TV spots
14. Trained volunteers for Pregnancy Centers at retreats and conferences

#### **Speaking/Teaching:**

1988-2016

Carrie Abbott has been teaching for 28 years in venues as diverse as state legislatures, churches, public and private schools, colleges and universities, pro-life organizations, civic clubs, medical associations, retreats, banquets, TV, is featured in five video series and has a daily radio show. Below is a partial list of her venues:

*Young Presidents Organization*  
*TEC (The Executive Committee)*  
*Heartbeat International Events*  
*Crista Women's Ministry Events*  
*Care Net National Conference*  
Catholic Home school conference  
Focus on the Family  
The Abstinence Clearinghouse  
Washington State Legislature  
Christian Education Conferences  
Murdock Charitable Trust  
Pregnancy Resource Centers  
Concerned Women of America  
Youth For Christ  
Women's conferences, retreats  
Men's events  
Young Life  
Baptist Youth Convention  
Seattle Pacific University  
Northwest University  
Puget Sound Christian College  
Bellevue Community College

Highline Community College  
University of Washington  
Southwestern Assembly of God University  
Westside Christian School, OR  
Cedar Park Christian School  
Kings Christian School  
Bear Creek Christian School  
Bellevue Christian School  
Heritage Christian School  
North Seattle Christian School  
Shoreline Christian School  
Emerald Heights Academy  
The Overlake School  
Tacoma Baptist School  
Bellingham Christian School  
Eastside Christian School  
Campus Crusade For Christ  
Planned Parenthood  
SADD Program  
Fundraising Banquets  
Faculty for Medical conferences

**Carrie has taught in multiple venues in each state represented below:**

Washington  
Oregon  
California  
Arizona  
Wyoming  
Colorado  
Texas  
North Dakota  
Kansas  
Arkansas  
New York  
Indiana  
Nebraska  
Missouri  
Minnesota  
Illinois  
Mississippi  
Florida  
North Carolina  
Ohio  
Virginia  
Maryland  
Connecticut  
Pennsylvania  
Idaho

**Washington Public Schools (partial list)**

Canyon Park Junior High  
 Evergreen Junior High  
 Northshore Junior High  
 Finn Hill Junior High  
 Inglewood Junior High  
 Kamiakin Junior High  
 Kirkland Junior High  
 Redmond Junior High  
 Rose Hill Junior High  
 Newport HS  
 Tyee MS  
 Tillicum MS  
 Rainier MS  
 Auburn Riverside HS  
 Bellevue HS  
 Chinook MS  
 Lake Washington HS  
 Sammamish HS  
 Redmond HS  
 College Place MS  
 Bothell HS  
 Edmonds Woodway HS  
 Hazen HS  
 Meadowdale HS  
 McKnight MS  
 Mountlake Terrace HS

Liberty HS  
 Sacajawea MS  
 Renton HS  
 Totem MS  
 Issaquah HS  
 Decatur HS  
 Lindbergh HS  
 Ingraham HS  
 Kent Meridian HS  
 Washington MS  
 Kentridge HS  
 Thomas Jefferson HS  
 Leota Junior High  
 Pacific MS  
 Kenmore Junior High  
 Beaver Lake MS  
 Seattle Alternative School  
 Skyview Junior High  
 Issaquah HS  
 Islander MS  
 Mercer Islalnd HS  
 Hamilton MS  
 Einstein MS  
 Shorecrest HS  
 Valley View MS  
 Chief Kanum MS

**Washington Churches (partial list)**

Aldersgate United Methodist  
 St. Mary's  
 Crossroads Baptist  
 Bellevue Church of Christ  
 Westminster Chapel  
 Kenmore Baptist  
 Saint Elizabeth Ann Seton  
 Canyon Hills Community  
 Eastside Foursquare  
 Bothell Free Methodist  
 Edgewood Baptist  
 Cornerstone Bible  
 Calvary Baptist  
 Saint John Vianney  
 Martha Lake Covenant  
 Woodinville Alliance  
 Northlake Christian  
 Mercer Island Presbyterian  
 May Valley Alliance  
 Highlands Community  
 Des Moines Gospel Chapel  
 Calvary Chapel South

The Neighborhood Church  
 Cedar Park Assembly  
 Northshore Baptist  
 Newport Covenant  
 First Presbyterian of Bellevue  
 Antioch Bible  
 Northlake Christian  
 Overlake  
 First Lutheran of Bellevue  
 Covington Community  
 Westgate Chapel  
 Enumclaw Christian  
 Kent Covenant  
 Christ Church of Kirkland  
 St. Luke's Episcopal  
 North Seattle Christian  
 Mercer Island Covenant  
 Cascade Covenant  
 Renton Assembly  
 Holy Family  
 The Duvall Church  
 Calvary Chapel Eastside